

### **Free Medical Health Screening Event by St. John Ambulance Malaysia Kawasan Selangor Tengah Utara**

On 22<sup>nd</sup> June 2024, St. John Ambulance Malaysia Kawasan Selangor Tengah Utara organized a free medical health screening event at Cozy Home for the elderly Residents'. This initiative aimed to promote health and well-being among the elderly by providing essential medical check-ups and consultations. There were 15 volunteers including St. John members, doctors, and nurses. These volunteers conducted a series of vital health assessments for the elderly Residents' including measurements of height, weight and blood pressure. Several blood test were also performed, including checks for blood sugar, uric acid, and cholesterol levels.

The doctors provided comprehensive medical consultations, taking into account the test results, past medical history, and current medical conditions of each Resident. In, addition, an optometrist was there too to offer free eye tests, ensuring that the Residents' received thorough and holistic health evaluations. At the same time, a free hair cut was given to the Residents'.







